

## CLAIMS

What is claimed is:

1. A massaging bed cushion for supporting a person in a sitting position, comprising:
  - a backrest with two side edges;
  - two armrests rotatably coupled to the backrest wherein the two armrests can rotate from a sitting position to a folded position along the two side edges of the backrest; and
  - one or more massaging units within the backrest.
2. The massaging bed cushion of claim 1, wherein the two armrests are perpendicular to the backrest in the sitting position.
3. The massaging bed cushion of claim 1, wherein the two armrests rotate from zero to one hundred and eighty degrees from the backrest.
4. The massaging bed cushion of claim 1, wherein the sitting position is formed by rotating the two armrests from about forty-five to about one hundred and thirty-five degrees from the backrest.
5. The massaging bed cushion of claim 1, further comprising: one or more latches that prevent the two armrests from rotating about the backrest beyond the sitting position.
6. The massaging bed cushion of claim 1, wherein the backrest and the two armrests form nearly a rectangular top profile in the folded position.

7. The massaging bed cushion of claim 1, wherein the one or more massaging units are massaging motors.
8. The massaging bed cushion of claim 1, wherein the one or more massaging units are pulsating transducers.
9. The massaging bed cushion of claim 1, further comprising:  
a control panel wherein the control panel is coupled by electrical communication to the one or more massaging units.
10. The massaging bed cushion of claim 9, wherein the control panel is located in one of the two armrests.
11. The massaging bed cushion of claim 1, further comprising a control panel and one more heating sources located within the backrest and controlled by the control panel, wherein the control panel is coupled by electrical communication to the one or more heating units.
12. The massaging bed cushion of claim 1, further comprising a power supply wherein the power supply is coupled by electrical communication to a control panel.
13. The massaging bed cushion of claim 12, wherein the power supply is a battery.

14. The massaging bed cushion of claim 1, wherein the backrest comprises a rectangular frame covered by a cushion and a fabric.

15. The massaging bed cushion of claim 1, wherein the two armrests are coupled to the backrest by an axle that runs through a bottom portion of the backrest.

16. A massaging cushion, comprising:

a backrest having a right side and a left side;

a right armrest rotatably coupled to the right side of the backrest;

a left armrest rotatably coupled to the left side of the backrest wherein the right armrest and the left armrest can rotate into a folded position wherein the right armrest and left armrest are parallel to the left side and right side of the backrest; and

one or more massaging units located within the backrest.

17. The massaging cushion of claim 16, wherein the right armrest and the left armrest rotate to form a sitting position.

18. The massaging cushion of claim 16, wherein the right armrest and the left armrest rotate from zero to one hundred and eighty degrees from the backrest.

19. The massaging cushion of claim 16, wherein the sitting position is formed by rotating the right armrest and the left armrest from about forty-five to about one hundred and thirty-five degrees from the backrest.

20. The massaging cushion of claim 16, further comprising one or more latches that prevent the right armrest and left armrest from rotating about the backrest beyond the sitting position.
21. The massaging cushion of claim 16, wherein the backrest, the right armrest, and the left armrest form nearly a rectangular top profile in the folded position.
22. The massaging cushion of claim 16, wherein the one or more massaging units are massaging motors.
23. The massaging cushion of claim 16, wherein the one or more massaging units are pulsating transducers.
24. The massaging cushion of claim 16, further comprising a control panel wherein the control panel is coupled by electrical communication to the one or more massaging units.
25. The massaging cushion of claim 24, wherein the control panel is located in either the right armrest or left armrest.
26. The massaging cushion of claim 24, further comprising one more heating sources located within the backrest and controlled by the control panel wherein the control panel is coupled by electrical communication to the one or more heating sources.

27. The massaging cushion of claim 24, further comprising a power supply wherein the power supply is coupled by electrical communication to the control panel.

28. The massaging cushion of claim 27, wherein the power supply is a battery.

29. The massaging cushion of claim 16 wherein the backrest is a fabric-covered, rectangular cushion.

30. The massaging cushion of claim 16, wherein the right armrest and left armrest are coupled to the backrest by an axle running through a bottom portion of the backrest.

31. A massaging bed cushion, comprising:

means for back support with two side edges;

two means for arm resting rotatably coupled to the means for back support wherein the two means for arm resting can rotate from a sitting position to a folded position along the two side edges of the means for back support; and

one or more means for massaging within the means for back support.